

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Fiesta Soft Tacos **1**  
Pinto Beans 1/2  
Sweet Kernel Corn 1/4-1/2  
Fruit Choice 1/2  
High School Fruit 1/2

Macaroni Chili Skillet (Chili Mac.) **2**  
Green Beans 1/2  
Cauliflower w/Cheese Sauce 1/4-1/2  
Pineapple Tidbits 1/2  
High School Fruit 1/2  
Frito Chips (1 oz.)

Pork Leg Roast, Gravy **3**  
Whole Grain Brown Rice 1/2  
Red Beans 1/2  
Mustard Greens 1/4-1/2  
Applesauce 1/2  
High School Fruit 1/2  
Cornbread Square (2 oz.)

Grilled Cheese Melt OR **4**  
Ham & Cheese on HB Bun  
Tomato Basil Soup 1/2 **OR**  
Fresh Baby Carrots 1/2  
Broccoli 1/4-1/2  
Fruit Mix 1/2  
High School Fruit 1/2

Italian Spaghetti Sauce **7**  
Whole Grain Spaghetti  
Green Beans 1/2  
Cherry/Grape Tomatoes 1/4-1/2  
Cantaloupe OR Fresh Fruit 1/2  
High School Fruit 1/2  
Whole Grain Yeast Roll (2 oz.)

Crispy Chicken Patty **8**  
Whole Grain Hamburger Bun  
Sweet Potato Fries 1/2  
Cucumber Slices 1/4-1/2  
Ranch Dipping sauce  
Orange Smiles 1/2  
High School Fruit 1/2

Chicken Stew **9**  
Whole Grain Brown Rice 1/2 - **1**  
Black Eye Peas 1/2  
Fresh Baby Carrots 1/4-1/2  
Fruit Mix 1/2  
High School Fruit 1/2

Beef Fingers **10**  
Creamy Potatoes 1/2  
Fresh Broccoli Florets 1/4-1/2  
Strawberry Cups /Apple Wedges 1/2  
High School Fruit 1/2  
Whole Grain Yeast Roll (2 oz.)

Tex Mex Bowl w/WG Brown Rice **11**  
(WK Corn/Cheese/Black Beans)  
Broccoli w/Cheese Sauce 1/2  
Pear Slices 1/2  
High School Fruit 1/2

**14**  
**IN SERVICE DAY**  
**No School**

Hamburger **15**  
Whole Grain Hamburger Bun  
Tomato Slices 1/4-1/2  
French Fries 1/2  
Fresh Seasonal Fruit 1/2  
High School Fruit 1/2

Cheesy Chicken Pasta **16**  
Buttered Carrots 1/2  
Cucumber Slices 1/4-1/2  
Peach Slices 1/2  
High School Fruit 1/2  
Whole Grain Yeast Roll (2 oz.)

Turkey Roast, Gravy **OR Ham** **17**  
Whole Grain Brown Rice 1/2 - **1**  
Green Beans 1/2  
Sweet Potato Crunch 1/4-1/2  
Fruit Mix 1/2  
High School Fruit 1/2

Cheese Pizza **18**  
Fresh Broccoli Florets 1/2  
Fresh Cauliflower Florets 1/4-1/2  
Ranch Dipping Sauce  
Pineapple Tidbits 1/2  
High School Fruit 1/2

Hot Dog **21**  
WG Hot Dog Bun  
French Fries 1/2  
Mexican Beans 1/4-1/2  
Fruit Mix 1/2  
High School Fruit 1/2

Meatballs in Gravy **22**  
Whole Grain Brown Rice 1/2 - **1**  
Buttered Carrots 1/2  
Green Beans 1/4-1/2  
Seasonal Fresh Fruit 1/2  
High School Fruit 1/2

Chicken Nuggets **23**  
Macaroni & Cheese 1/2  
Cherry/Grape Tomatoes 1/4-1/2  
Cucumber Slices 1/2  
Red Bell Peppers 1/4 (High School)  
Ranch Dipping Sauce  
Pear Slices 1/2 HS Fruit 1/2

Baked Chicken, Gravy **24**  
Whole Grain Brown Rice 1/2 - **1**  
Broccoli 1/4-1/2  
Navy or Lima Beans 1/2  
Fruit Choice 1/2  
High School Fruit 1/2

Salisbury Steak, Gravy **25**  
Creamy Potatoes 1/2  
Mustard Greens 1/4-1/2  
Peach Slices 1/2  
High School Fruit 1/2  
Whole Grain Yeast Roll (2 oz.)

Cheeseburger **28**  
Whole Grain Hamburger Bun  
French Fries 1/2  
Tomato Slices 1/4-1/2  
Orange Smiles 1/2  
High School Fruit 1/2  
Halloween Surprise Dessert

Fiesta Soft Tacos **29**  
Pinto Beans 1/2  
Sweet Kernel Corn 1/4-1/2  
Fruit Choice 1/2  
High School Fruit 1/2

Macaroni Chili Skillet **30**  
Green Beans 1/2  
Cauliflower w/Cheese Sauce 1/4-1/2  
Pineapple Tidbits 1/2  
High School Fruit 1/2  
Frito Chips (1 oz.)

Pork Leg Roast, Gravy **31**  
Whole Grain Brown Rice 1/2  
Red Beans 1/2  
Mustard Greens 1/4-1/2  
Applesauce 1/2  
High School Fruit 1/2  
Cornbread Square (2 oz.)



MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

**NOTIFICATION:** Peanuts/Peanut Butter are not used in our menus. However, some products may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.